

Laura M. Schlageter, MS, LMHC

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Professional Experience:

LONG ISLAND BEHAVIORAL MEDICINE **2022-Present**

Therapist

- Individual, Family and Group Psychotherapy
- Specialize in treating first responder patients through the World Trade Center Health Program

ASSOCIATION FOR MENTAL HEALTH AND WELLNESS **2014-2022**

Assistant Program Director/Intake Coordinator

- Supervise professional program staff and graduate/undergraduate interns
- Conduct intake assessments to engage individuals to determine eligibility for program
- Perform admissions, create treatment plans for all participants entering the program
- Run various reports for program (related to admissions, caseloads, and census)
- Organize and regularly update member records, schedules, and Individual Recovery Plans
- Provide frequent trainings to local community partners to educate professionals/individuals about program services
- Attend various professional trainings (topics such as DBT, co-occurring disorders, mindfulness, motivational interviewing)

ASSOCIATION FOR MENTAL HEALTH AND WELLNESS **2008-2014**

Rehab and Recovery Practitioner

- Facilitated rehabilitative group services for individuals with mental illness with focus on health/wellness, substance abuse histories, aging related issues, and have provided services that engage individuals in exercise or dance
- Participated in treatment coordination meetings with service providers
- Offered ongoing support for members who obtain employment in the community
- Provided relapse prevention, crisis intervention, wellness self-management, basic living skills, community living exploration, vocational counseling, and symptom management services

BROOKHAVEN MEMORIAL HOSPITAL **2005-2008**

Medical Record Clerk

- Managed patient health records and history
- Filed paperwork and reports of inpatients quickly and accurately
- Safeguarded patient records that complied with HIPPA standards

BROOKHAVEN MEMORIAL HOSPITAL **2001-2005**

Nutritional Aide

- Served and prepared meals while ensuring food safety and hygiene procedures were followed at all times
- Planned menus alongside chefs, dietitians, and doctors.

Professional License:

New York State Licensed Mental Health Counselor (LMHC), License #005192

Education:

Long Island University/Brentwood Campus **2008-2010**

Master of Science, Mental Health Counseling

St. Joseph's College **2006-2008**

Bachelor of Arts, Psychology

Suffolk Community College **2003-2006**

Associate of Arts and Sciences with a concentration in Psychology

Additional Qualifications & Achievements:

- Acknowledged and recognized by Geriatric Mental Health Alliance for serving as a member of the GMHA-NY PROS Workgroup to help create programs to address the needs of older adults